



October 2010 E-zine



Revisions to Appendix PP, State Operations Manual (SOM): Guidance to Surveyors for Long Term Care Facilities

Revision of Interpretive Guidelines throughout Appendix PP of the SOM as well as CMS Forms 672, 802 and 805 due to the release of the MDS version 3.0 to remove references to MDS version 2.0, including the replacement of the Resident Assessment Protocols (RAPs) terminology with the Care Area Assessment (CAAs) terminology. Clarification revisions have also been made to the Interpretive Guidelines at 42 CFR 483.65 regarding infection control and 42 CFR 483.75 regarding nurse aides and nurse aide training.

[Read the entire CMS document](#)

ADA Position and Practice Papers: Individualized Nutrition Approaches for Older Adults in Health Care Communities

The American Dietetic Association has published its first position paper with companion practice paper. These papers...call for an individualized approach to evaluating and addressing the needs of older adults living in health care communities to maintain their health and enhance their quality of life. ADA's updated position paper, published in the October issue of the [Journal of the American Dietetic Association](#), represents ADA's official stance on individualized nutrition approaches for older adults residing in health care communities. *Authors: Becky Dorner, RD, LD, Elizabeth Friedrich, MPH, RD, LDN and Mary Ellen Posthauer, RD, CD, LD.*



[Read the Position Paper](#)

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A Hunger-Free America: Special USA Today Section

The problems of hunger and food insecurity are far more widespread in our country than many realize, and their damage is significant for children and for adults, for our nation's health and educational systems and outcomes, for our nation's productivity, and for the economy as a whole and our fiscal well-being.

[Special section on senior hunger](#)





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Dementia Care Refresher

For the senior living caregiver, the challenges of caring for residents with dementia are numerous—an advancing resident's difficulty in comprehending communications, increased numbers of residents being admitted with the diagnosis each year, the regulatory pressures of handling resident-to-resident abuse, the staggering costs of care, and the added stress on staff when providing care—are just a few.

[View this story from Provider Magazine](#)



What Does It Feel Like To Be 75? Say Goodbye To Spry

While reporting my recent series on Aging At Home, I came across a special suit at the Massachusetts Institute of Technology AgeLab. It's meant to help 20-something engineers feel the aches and limitations of an average 75-year-old so they can design better products for them... I'm 40-something -- no spring chicken. But if the crosswalk light is blinking, I can still dash across the street, no problem. Until, that is, MIT researcher Rozanne Puleo starts strapping me into what she calls her Age Gain Now Empathy System.

[Listen/Read the story from NPR News](#)



Overweight Elderly Have Similar Mortality to Normal-Weight Elderly

Current body mass index (BMI) thresholds for overweight and obesity may be overly restrictive for older people, according to the authors of a cohort study published online January 27 and in the February print edition of the Journal of the American Geriatrics Society.

[Read the review from Medscape Society](#)



Happy Halloween!

