



## January 2011 E-zine

**Revisions to Appendix PP, State Operations Manual (SOM):** Guidance to Surveyors for Long Term Care Facilities (LTC) for Minimum Data Set (MDS) 3.0 Implementation October 1, 2010. Transmittal 66, dated October 1, 2010, is being rescinded and replaced by Transmittal 70, dated January 7, 2011, to correct revision numbers, implementation and effective dates that were erroneously changed. The sections that should have been changed will be shown as Revision 70, Issued: 01-07-11, and Effective: 10-01-10 Implementation 10-01-10. All other information remains the same.

[View the New Appendix PP](#)



### **FDA Food Safety Modernization Act Passes**

About 48 million people (1 in 6 Americans) get sick, 128,000 are hospitalized, and 3,000 die each year from foodborne diseases, according to recent data from CDC. This is a significant public health burden that is largely preventable. The FDA Food Safety Modernization Act (FSMA), signed into law by President Obama on

Jan. 4, enables FDA to better protect public health by strengthening the food safety system...

[Facts and Questions/Answers](#)

[More Information About Food Safety](#)

### **Note from Ohio Health Care Association News Bites:**

“AHCA reports that the provisions of this new law do not apply to nursing facilities or assisted living providers but to ‘food facilities’ which are defined in the law as ‘any factory, warehouse, or establishment (including a factory, warehouse, or establishment of an importer) that manufactures, processes, packs, or holds food. Such term does not include farms; restaurants; other retail food establishments; nonprofit food establishments in which food is prepared for or served directly to the consumer; or fishing vessels (except such vessels engaged in processing as defined in section 123.3(k) of title 21 Code of Federal Regulations).”

[For More Information](#)

[Additional Reading](#)

### **ADA Candidates for National Ballot**

ADA Members can vote from February 1 to March 3, 2011.

Please vote for **Becky Dorner** for Speaker of the House!

[Learn More](#)

Vote <http://www.eatright.org/elections/>





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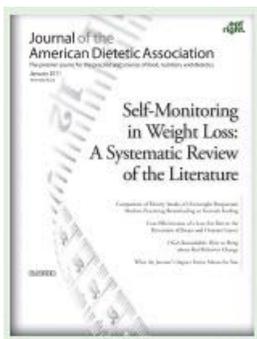
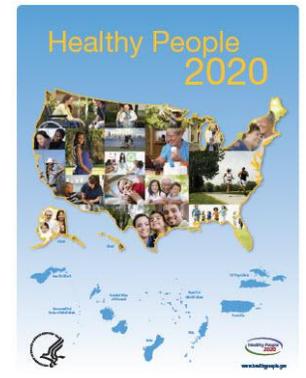
### Healthy People 2020

Healthy People provides science-based, 10-year national objectives for improving the health of all Americans. For 3 decades, Healthy People has established benchmarks and monitored progress over time in order to: Encourage collaborations across sectors; Guide individuals toward making informed health decisions; and measure the impact of prevention activities.

[General Information on Healthy People 2020](#)

[Nutrition and Weight Status](#)

[New! Older Adults](#)



### Dietary Patterns and Survival of Older Adults

This 10 year study reviewed dietary patterns of 2,582 older adults compared with survival over a 10-year period, quality of life and nutritional status. People consuming diets with more high-fat dairy products, sweets and desserts had a 1.4-fold higher risk of mortality than those on a healthy diet (plant based, low fat). Those eating the healthy diet had significantly more years of healthy life and more favorable nutrition biomarkers.

[Read the Article from JADA, January 2011](#)

### Estimates of Foodborne Illness in the US

CDC estimates that each year roughly 1 out of 6 Americans (or 48 million people) gets sick, 128,000 are hospitalized, and 3,000 die from foodborne diseases. The 2011 estimates provide the most accurate picture yet of which foodborne bacteria, viruses, microbes (“pathogens”) are causing the most illnesses in the United States, as well as estimating the number of foodborne illnesses without a known cause.

[Read More](#)

[Listen to the Podcast](#)



### NPUAP Biennial Conference

Register for the National Pressure Ulcer Advisory Panel's (NPUAP) 12th Biennial Conference, *Emerging Healthcare Issues*, scheduled for February 25-26 in Las Vegas.

[Brochure and Registration Information](#)

### Tell 5. Save Lives.

Heart disease is still the No. 1 killer of women, taking the life of 1 in 3 women each year. Tell 5 women you want them to live and we can help stop heart disease in our lifetime.

[Go Red for Women® Heart Health Kit](#)

