

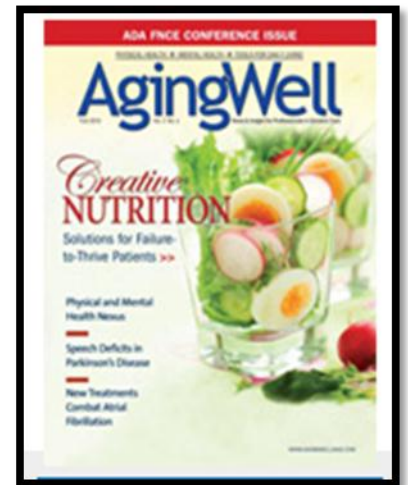


December 2010 E-zine

Creative Nutrition: Solutions for Failure-to-Thrive Patients

By Becky Dorner, RD, LD. The term “failure to thrive” (FTT) has been used to describe older adults who were once active and are now socially withdrawn, lonely, bored, and depressed. FTT in older adults has been described as “a syndrome manifested by weight loss greater than 5% of baseline, decreased appetite, poor nutrition, and inactivity, often accompanied by dehydration, depressive symptoms, impaired immune function, and low cholesterol levels.”

[Read this article from Aging Well Magazine](#)



New Dietary Reference Intakes for Calcium and Vitamin D



The Institute of Medication (IOM) of the National Academies, Food and Nutrition Board released new recommendations for vitamin D and calcium on November 30, 2010.

Health claims have been made for cancer prevention, diabetes, falls, preeclampsia, and more, so the committee reviewed 25 potential health outcomes for vitamin D and calcium...

[Read more](#)

Nutrition: A Critical Component of Wound Healing

CME Program from Advances in Skin and Wound Care December 2010 by Mary Ellen Posthauer, RD, CD, LD; Becky Dorner, RD, LD; Nancy Collins, PhD, RD, LD/N, FAPWCA.

PURPOSE: To enhance the clinician's competence in using nutrition as an integral part of wound healing. **TARGET AUDIENCE:** Physicians and nurses with an interest in skin and wound care. **OBJECTIVES:** 1. Analyze the effects of specific nutritional deficiencies and patient parameters on wound healing capabilities. 2. Accurately interpret laboratory values related to nutritional status. 3. Apply evidence-based nutrition guidelines for improved wound healing.

[Access your copy today](#)





December 2010 E-zine



CMS YouTube Training Videos for MDS 3.0:

VIVE – Video for Interviewing Vulnerable Elders; Gold Standard Nurses Presentation from the April National Train the Trainer Conference in Baltimore; RAI Manual Chapter 3 Sections A, B, C, D, E, F, G, H, I, K, L, N, P and L: Oral Assessment.

Please click on the appropriate YouTube Link under "[Related Links Outside of CMS](#)" at the bottom of this page

View [MDS 3.0 Section K](#) Swallowing/Nutritional Status training from CMS (9/13/10)

Hot Topics in LTC from ADA FNCE 2010

Includes information on the CMS Top Survey Citations for 2010 (Citation Frequency Report for Dually Certified SNF/NFs - Medicare and Medicaid, Distinct Part SNF/NFs - Medicare and Medicaid, Skilled Nursing Facilities (SNFs) - Medicare Only, Nursing Facilities - Medicaid Only), MDS 3.0 updates/clarifications, and more.

[Read the news from CMS!](#)



Promising Practices in Dining: Examining the Institutional Dining Experience

While each nursing home possesses a unique culture and set of dining-related issues, the common nursing home dining experience seems to be intricately tied to the structure of systems that typically accommodate multiple dietary regulations and operational efficiencies. Nursing homes have established multi-disciplinary systems which intersect with a complex dining process.

[Read more about Promising Practices](#)

Happy Holidays!

We'd like to take this opportunity to thank you for your business. Wishing you have a joyous holiday season and a happy, healthy and safe new year!

